

BREAKFAST

FRUIT, YOGURT, SPECIALTY JUICES & SMOOTHIES

BERRY PARFAIT.....VG | \$15

VANILLA BEAN GREEK YOGURT, FRESH MIXED BERRIES, HOUSE GRANOLA

FRUIT OF THE MOMENT.....VG | \$16

YOGURT, HOUSE BAKED BANANA NUT BREAD

FRESHLY SQUEEZED GRAPEFRUIT JUICE.....V | \$11

TROPICAL SMOOTHIE.....V, GF, DF | \$12

MANGO, PINEAPPLE, PASSION FRUIT

BERRY SMOOTHIE.....V, GF, DF | \$12

STRAWBERRY, BLACKBERRY, RASPBERRY

VITALITY SMOOTHIE.....V, GF, DF | \$12

BROCCOLI, MANGO, BANANA, PINEAPPLE, SPINACH, CUCUMBER

IMMUNITY.....V, GF, DF | \$11

COLD PRESSED BLOOD ORANGE, ELDERBERRY, TURMERIC, GINGER, BLACK PEPPER

ENERGIZED.....V, GF, DF | \$11


COLD PRESSED CARROT, PINEAPPLE ORANGE, APPLE, LEMON

MIGHTY GREEN.....V, GF, DF | \$11


COLD PRESSED APPLE, CELERY, CUCUMBER, KALE, COLLARD GREENS

SPECIALTIES

AVOCADO TOAST.....VG | \$16

GREEN GODDESS, SPROUTS, FRESH RICOTTA, AVOCADO POMEGRANATE SEEDS, DUKKA SPICE
* VITAL FARMS EGG YOUR STYLE.....\$6

BROADWAY SCRAMBLE.....GF | \$20

 VITAL FARMS EGGS SOFT SCRAMBLED, SAUSAGE, BACON ROASTED MUSHROOMS, CHEDDAR CHEESE, COTTAGE POTATOES

*EGGS BENEDICT.....\$21

 TWO VITAL FARMS POACHED EGGS, COUNTRY SMOKED HAM, ENGLISH MUFFIN, HOLLANDAISE SAUCE

CEREAL

KELLOGG'S.....VG | \$9


WHOLE GRAIN & FAMILY FAVORITES

WARM STEEL-CUT OATS.....VG, DF | \$12

CINNAMON APPLES, BROWN SUGAR, HOUSE GRANOLA


PASTURE RAISED EGGS

*ALL AMERICAN BREAKFAST.....GF | \$20

 VITAL FARMS EGGS YOUR STYLE, COTTAGE POTATOES CHOICE OF SMOKED BACON OR SAUSAGE LINKS

SUBSTITUTE CHICKEN SAUSAGE.....\$4.5
SUBSTITUTE EGG WHITES.....\$3

MUSIC CITY OMELETTE.....GF | \$21

 VITAL FARMS EGGS, ROASTED TURKEY, SPINACH MUSHROOMS, MOZZARELLA SERVED WITH COTTAGE POTATOES

INDULGE

BANANA WALNUT PANCAKES.....VG | \$19

BUTTERMILK PANCAKE, CANDIED WALNUT, FRESH BANANAS MAPLE-BROWN BUTTER SYRUP

COUNTRY BISCUITS & GRAVY.....\$19

HOUSE BAKED BISCUITS, SAUSAGE GRAVY
 VITAL FARMS EGGS YOUR STYLE


BERRY FRENCH TOAST.....VG | \$21

POUND CAKE FRENCH TOAST, HOUSE-MADE BERRY COMPOTE WHIPPED RICOTTA, CRUSHED PISTACHIO

SIDES

SIDE OF TOAST OR BISCUIT, WHIPPED BUTTER.....\$5

COTTAGE POTATOES.....\$6


* VITAL FARMS EGG.....\$6

SMOKED BACON.....\$7

SAUSAGE LINK.....\$7

CHICKEN & APPLE SAUSAGE.....\$8

FRESH FRUIT.....\$10

 ALL THE EGGS ON OUR A LA CARTE MENU ARE PASTURE-RAISED FROM VITAL FARMS. THIS MEANS THEY ARE LAID BY HENS THAT ARE FREE TO ROAM ON HEALTHY PASTURE LAND ALL YEAR LONG, THE RESULT IS BETTER QUALITY, TASTIER EGGS WITH BRIGHTER YOLKS.

BEVERAGES

ILLY DRIP COFFEE | 6 ILLY ESPRESSO INTENSO, CAFE LATTE, AMERICANO, CAPPUCINO, MACCHATO | 7

ASSORTED JUICES | 8 ORANGE, GRAPEFRUIT, APPLE, CRANBERRY, TOMATO, PINEAPPLE

ASSORTED SOFT BEVERAGES | 6 PEPSI, DIET PEPSI, SIERRA MIST, MOUNTAIN DEW

TEA | 7 BREAKFAST, EARL GREY, JASMINE GREEN, PEPPERMINT, FOUR RED FRUITS BLEND, CHAMOMILE

VG | Vegetarian V | Vegan DF | Dairy Free GF | Gluten Free