

LUNCH

SHAREABLES

SPINACH ARTICHOKE DIPVG | \$14
PARMESAN, SMOKED PAPRIKA, TORTILLA CHIPS

BURRATA SALAD\$19
PUMPKIN ROMESCO, RADICCHIO, PEAR, ARUGULA, TOASTED HAZELNUT
VINAIGRETTE

MARGHERITA FLATBREAD\$16
POMODORO, MOZZARELLA CHEESE, BASIL

SPICY ITALIAN SAUSAGE FLATBREAD\$18
CHARRED ONION, FRESNO PEPPER, MOZZARELLA, ROASTED RED PEPPER,
BASIL-PINE NUT POMODORO, ARUGULA

SOUP & SALADS

BUTTERNUT SQUASH BISQUEGF, VG | \$12
ADD GRILLED CHEESE.....\$5

CAESAR SALADVG | \$16
TREVISIO RADICCHIO, CASTELFRANCO, HOUSE CAESAR DRESSING, AGED
PARMESAN, GARLIC STREUSEL AND FRICO

HEIRLOOM BEET SALADVG | \$17
ROASTED BABY BEETS, NOBLE SPRINGS GOAT CHEESE, SPICED WALNUTS
ARUGULA, CITRUS SUPREMES, BANYULS VINAIGRETTE

MARKET QUINOA BOWL GF, DF, V | \$18
ROASTED CORN, SHAVED CARROTS, TOMATO, CUCUMBER, PICKLED RED
ONIONS, HERB DRESSING

ADD-ON AVAILABLE:

AVOCADO | 4 GRILLED OR CRISPY CHICKEN | 6 *SALMON | 8

CHEF'S WEEKLY SPECIAL

ASK YOUR SERVER ABOUT OUR SENSATIONAL SPECIAL

SIDES

FRENCH FRIES.....\$10

SWEET POTATO FRIES.....\$12

BRAISED WHITE BEANS\$9

GARDEN SALAD.....\$10

FRUIT BOWL.....\$10

MAINS

SERVED WITH FRENCH FRIES

SUBSTITUTE SWEET POTATO FRIES | 3

BIG STOMP BURGER\$19

TWO 4OZ AMERICAN WAGYU PATTIES, CHEESE SAUCE, LETTUCE
SMASHVILLE SAUCE, HOUSE-MADE SESAME BUN, FRENCH FRIES

ADD CAGE-FREE FRIED EGG.....\$3 ADD BACON.....\$3

GRILLED CHICKEN & AVOCADO SANDWICH\$22

GRILLED CHICKEN BREAST, SWISS CHEESE, APPLEWOOD SMOKED BACON
AVOCADO, TOMATO, BABY ARUGULA, LEMON AIOLI, CIABATTA

HAND-CARVED TURKEY CLUB\$19

TURKEY BREAST, BACON, GREEN LEAF LETTUCE, VINE-RIPE TOMATO
HERB AIOLI, TOASTED SOURDOUGH

CRISPY FRIED CHICKEN SANDWICH\$18

BUTTERMILK FRIED CHICKEN BREAST, ROMAINE, LOUIE SAUCE, PICKLES,
HOUSE-MADE SESAME BUN FRENCH FRIES (AVAILABLE IN "NASHVILLE HOT")

FISH & CHIPS\$26

CAROLINA FLOUNDER, LOCAL TN BEER BATTER, DILL TARTAR SAUCE,
CABBAGE SLAW, MALT VINEGAR SEASONED FRIES

MUSIC CITY BENTO

A NOD TO THE CLASSIC MEAT & THREE

SELECT ONE PROTEIN

CIDER-GLAZED PORK BELLYDF,GF | \$19

CHIMICHURRI STEAK SKEWERSDF | \$25

GRILLED SALMON.....DF,GF | \$23

SOUTHERN FRIED CHICKENDF | \$20

SELECT TWO FIXIN'S

CAESAR SALAD

FRENCH FRIES

BRAISED WHITE BEANS

ROOT VEGETABLE SLAW

SELECT ONE BREAD

CHEDDAR CORNBREAD MUFFIN | HOUSE CRAFTED PARKER ROLLS

SERVED WITH WHIPPED BUTTER

NON-ALCOHOLIC BEVERAGES

FIJI WATER (500ML) | 8 FIJI WATER (1 LTR) | 10 PELLEGRINO (500ML) | 8

ASSORTED JUICES | 9 ORANGE, APPLE, CRANBERRY, TOMATO, PINEAPPLE

SPECIALTY JUICES | 11 FRESHLY SQUEEZED GRAPEFRUIT JUICE, IMMUNITY, ENERGIZED, MIGHTY GREEN

ASSORTED SOFT BEVERAGES | 6 PEPSI, DIET PEPSI, STARRY, MOUNTAIN DEW, DR. PEPPER

ILLY BREWED COFFEE | 6 TEA | 8 BREAKFAST, EARL GREY, JASMINE GREEN, PEPPERMINT, FOUR RED FRUITS BLEND, CHAMOMILE

9 PEACH ICED TEA | 9 RASPBERRY ICED TEA