

# Happy Day Galentine's



## SMOOTHIES & JUICES

|   |               |
|---|---------------|
| BERRY PARFAIT   | VG, GF   \$15 |
| VANILLA BEAN GREEK YOGURT, FRESH MIXED BERRIES<br>HOUSE GRANOLA |               |
| FRESHLY SQUEEZED GRAPEFRUIT JUICE                               | V, GF   \$11  |
| MIGHTY GREEN  | V, GF   \$11  |
| COLD PRESSED APPLE, CELERY, CUCUMBER, KALE<br>COLLARD GREENS    |               |
| CHEF'S SIGNATURE JUICE  | V, GF   \$11  |
| TROPICAL SMOOTHIE   | V, GF   \$12  |
| MANGO, PINEAPPLE, PASSION FRUIT                                 |               |
| BERRY SMOOTHIE  | V, GF   \$12  |
| STRAWBERRY, BLACKBERRY, RASPBERRY                               |               |
| VITALITY SMOOTHIE   | V, GF   \$12  |
| MANGO, SPINACH, BROCCOLI, AVOCADO, COCONUT, GINGER, LIME        |               |

## HEALTHY START

|   |               |
|---|---------------|
| BERRY PARFAIT   | VG, GF   \$15 |
| VANILLA BEAN GREEK YOGURT, FRESH MIXED BERRIES<br>HOUSE GRANOLA                               |               |
| WARM STEEL-CUT OATS   | VG, GF   \$13 |
| CINNAMON APPLES, BROWN SUGAR, HOUSE GRANOLA   |               |
| BURRATA SALAD   | VG   \$19     |
| PUMPKIN ROMESCO, RADICCHIO, SHAVED PEAR, ARUGULA<br>CRANBERRIES, TOASTED HAZELNUT VINAIGRETTE |               |
| AVOCADO TOAST   | VG   \$16     |
| WHIPPED FETA, SALSA MATCHA, LOCAL SPROUTS, ZA'TAR<br>ADD TWO EGGS* ANY STYLE   \$6            |               |

## APPETIZERS

|   |               |
|---|---------------|
| SHRIMP COCKTAIL   | VG, GF   \$16 |
| TRADITIONAL COCKTAIL SAUCE, LEMON                           |               |
| SALUMI FLATBREAD  | \$16          |
| SOPPRESSATA, MOZZARELLA, POMODORO, HOT HONEY<br>FRESH BASIL |               |
| WHIPPED FETA  | VG   \$14     |
| ZA'TAR PITA CHIPS, POMEGRANATE, MINT                        |               |
| CACIO e PEPE ARANCINI                                       | \$16          |
| CALABRIAN CHILE AIOLI, MARINARA                             |               |
| BUTTERNUT SQUASH BISQUE                                     | VG, GF   \$12 |
| ADD BRIE & PEAR TOASTIE   \$8                               |               |
| NASHVILLE HOT CHICKEN WINGS                                 | GF, DF   \$21 |
| HEIRLOOM CRUDITE, BUTTERMILK RANCH DRESSING                 |               |

## MAINS

|   |              |
|---|--------------|
| BANANA PUDDIN' PANCAKES   | VG   \$19    |
| BROWN BUTTER MAPLE SYRUP, BANANA CREAM, VANILLA<br>WAFER STREUSAL, CANDIED WALNUT   |              |
| BIG STOMP BURGER  | \$19         |
| TWO 4 OZ AMERICAN WAGYU PATTIES, CHEESE, LETTUCE<br>SMASHVILLE SAUCE, HOUSE SESAME BUN, FRENCH FRIES<br>ADD CAGE-FREE FRIED EGG   \$3 ADD BACON   \$3           |              |
| CHICKEN & WAFFLE  | \$20         |
| BUTTERMILK FRIED CHICKEN BREAST, BROWN BUTTER<br>MAPLE SYRUP AVAILABLE IN "NASHVILLE HOT"   |              |
| LOWCOUNTRY SHRIMP & GRITS   | GF   \$26    |
| APPLEWOOD SMOKED CHEDDAR, TRINITY, NDUJA, CRISPY OKRA<br>PRESERVED TOMATO   |              |
| EGGS BENEDICT*  | \$22         |
| TWO POACHED EGGS, COUNTRY SMOKED HAM, ENGLISH MUFFIN<br>HOLLANDAISE SAUCE   \$22  |              |
| COUNTRY BISCUITS & GRAVY  | \$19         |
| HOUSE MADE BISCUITS, BLACK PEPPER SAUSAGE GRAVY<br>EGGS ANY STYLE   |              |
| FRENCH DIP  | \$24         |
| SLOW COOKED ROAST BEEF, SWISS, CHOPPED PICKLED PEPPERS,<br>AU JUS, CRUSTY FRENCH ROLL, FRENCH FRIES   |              |
| CRISPY CHICKEN SANDWICH   | \$22         |
| LOUIE SAUCE, PICKLES, HOUSE SESAME BUN, FRENCH FRIES<br>(AVAILABLE IN "NASHVILLE HOT")  |              |
| MARKET QUINOA BOWL  | V, GF   \$18 |
| ROASTED CORN, SHAVED CARROTS, TOMATO, CUCUMBER<br>PICKLED RED ONIONS, HERB DRESING<br>ADD AVOCADO   \$4 ADD GRILLED OR CRISPY CHICKEN   \$6<br>ADD SALMON   \$8 |              |

**MEZZE PLATTER** \$34  
BEETROOT HUMMUS, WARM PITA, TABBOULEH,  
BLACK HAWK FARMS BEEF KOFTA, TZATZIKI,  
MARINATED MIXED VEGETABLES, HOUSE FALAFEL

## FROM THE BAKERY

|                       |                      |
|-----------------------|----------------------|
| CROISSANT 5           | GLAZED DOUGHNUT 6    |
| CHOCOLATE CROISSANT 6 | CHOCOLATE DOUGHNUT 6 |
| BLUEBERRY MUFFIN 5    |                      |

