

BRUNCH

MINDFUL JUICES

FRESH SQUEEZED GRAPEFRUIT JUICE.....V, DF, GF | \$11

IMMUNITY.....V, GF, DF | \$11
COLD PRESSED BLOOD ORANGE, ELDERBERRY, TURMERIC, GINGER, BLACK PEPPER

ENERGIZED.....V, GF, DF | \$11
COLD PRESSED CARROT, PINEAPPLE ORANGE, APPLE, LEMON

MIGHTY GREEN.....V, GF, DF | \$11
COLD PRESSED APPLE, CELERY, CUCUMBER, KALE, COLLARD GREENS

STARTERS

AVOCADO TOAST.....VG | \$16
GREEN GODDESS, SPROUTS, FRESH RICOTTA, AVOCADO POMEGRANATE SEEDS, DUKKHA SPICE

ADD SMOKED SALMON.....\$8 ADD TWO CAGE-FREE FRIED EGGS.....\$6

SPINACH ARTICHOKE DIP.....VG, GF | \$14
PARMESAN, SMOKED PAPRIKA, TORTILLA CHIPS

SALADS

BURRATA SALAD\$19
PUMPKIN ROMESCO, RADICCHIO, PEAR, ARUGULA, TOASTED HAZELNUT VINAIGRETTE

HEIRLOOM BEET SALAD.....VG | \$17
ROASTED BABY BEETS, NOBLE SPRINGS GOAT CHEESE, SPICED WALNUTS ARUGULA, CITRUS SUPREMES, BANYULS VINAIGRETTE

CAESAR SALADVG | \$16
TREVISO RADICCHIO, CASTELFRANCO, HOUSE CAESAR DRESSING AGED PARMESAN, GARLIC STREUSEL & FRICO

MARKET QUINOA BOWL.....V, DF, GF | \$18
BABY CARROTS, CHERRY TOMATO, CORN, CUCUMBER, ROMAINE, PICKLED RED ONIONS, HERB DRESSING | ADD CAGE-FREE FRIED EGG.....\$3

ADD-ON AVAILABLE:

AVOCADO | 4 GRILLED OR CRISPY CHICKEN | 6 *SALMON | 8

MAINS

BIG STOMP BURGER.....\$19
TWO 4OZ AMERICAN WAGYU PATTIES, CHEESE SAUCE, LETTUCE SMASHVILLE SAUCE, HOUSE-MADE SESAME BUN, FRENCH FRIES

ADD CAGE-FREE FRIED EGG.....\$3 ADD BACON.....\$3

FISH & CHIPS\$26
CAROLINA FLOUNDER, LOCAL TN BEER BATTER, MALT VINEGAR SEASONED FRIES, DILL, TARTAR SAUCE, CABBAGE SLAW

CRISPY FRIED CHICKEN SANDWICH.....\$18
BUTTERMILK FRIED CHICKEN BREAST, LOUIE SAUCE, ROMAINE, HOUSE-MADE SESAME BUN, FRENCH FRIES

BANANA WALNUT PANCAKES VG | \$19
BUTTERMILK PANCAKE, CANDIED WALNUT, FRESH BANANAS MAPLE-BROWN BUTTER SYRUP

BROADWAY SCRAMBLE..... GF | \$21
CAGE-FREE EGGS SOFT SCRAMBLED, SAUSAGE, BACON ROASTED MUSHROOMS, CHEDDAR CHEESE, COTTAGE POTATOES

SMOKED PORK BELLY HASH..... GF | \$21
CRISPY FINGERLING POTATOES, CARAMELIZED ONION, SMOKED PORK BELLY, KALE, MUSHROOM, RED PEPPER, *TWO EGGS ANY STYLE

FROM THE BAKERY

BAKERY BASKET\$14
VARIETY OF 3 IN-HOUSE BAKED SWEETS

BREAKFAST LIBATIONS

BOTTOMLESS BLOODY MARYS
\$32

BOTTOMLESS MIMOSAS
\$32

ST. GERMAIN SPRITZ
GLASS \$18 | PITCHER \$65

Bottomless alcohol service is offered for a maximum of 2.5 hours, not to exceed more than 5 alcoholic beverages per guest. Bottomless alcohol service is in compliance with all TN Alcohol Beverage Commission Rules & Laws. It is illegal in the state of TN to consume bottomless alcohol without the individual purchase & consumption of food. We reserve the right to refuse service to any guest.