

# BRUNCH

 — Dish made with local pasture-raised eggs from Vital Farms

## MINDFUL JUICES

FRESH SQUEEZED GRAPEFRUIT JUICE.....V, DF, GF | \$11

IMMUNITY.....V, GF, DF | \$11  
COLD PRESSED BLOOD ORANGE, ELDERBERRY, TURMERIC,  
GINGER, BLACK PEPPER

ENERGIZED.....V, GF, DF | \$11  
Cold pressed carrot, pineapple orange, apple, lemon

MIGHTY GREEN.....V, GF, DF | \$11  
Cold pressed apple, celery, cucumber, kale, collard greens

## STARTERS


AVOCADO TOAST.....VG | \$16  
GREEN GODDESS, SPROUTS, FRESH RICOTTA, AVOCADO  
POMEGRANATE SEEDS, DUKKA SPICE

FRIED GREEN TOMATOES.....\$16  
PORK CARNITAS, AVOCADO SOUR CREAM, PICKLE FRESNO, CILANTRO  
ROMESCO SAUCE

SPINACH ARTICHOKE DIP.....VG, GF | \$14  
PARMESAN, SMOKED PAPRIKA, TORTILLA CHIPS

HEIRLOOM BEET SALAD.....VG | \$17  
ROASTED BABY BEETS, NOBLE SPRINGS GOAT CHEESE, SPICED WALNUTS  
ARUGULA, CITRUS SUPREMES, BANYULS VINAIGRETTE

## MAINS

FARMHOUSE BREAKFAST BURRITO..... \$18  
 VITAL FARMS SOFT SCRAMBLED EGGS, GREEN CHILE, CRISPY POTATOES  
SHARP CHEDDAR, SMOKED BACON, TOPPED WITH SALSA ROJA  
CHEESE SAUCE, AVOCADO, CILANTRO

BIG STOMP BURGER.....\$22  
TWO 4OZ AMERICAN WAGYU PATTIES, CHEESE SAUCE, BACON, LETTUCE  
SMASHVILLE SAUCE, HOUSE-MADE SESAME BUN, FRENCH FRIES

SHRIMP & GRITS.....\$23  
CAJUN GARLIC SHRIMP, SMOKED BACON, PEPPERS, ROASTED TOMATOES  
SWEET CORN, CREAMY CHEDDAR GRITS

CRISPY FRIED CHICKEN SANDWICH.....\$20  
BUTTERMILK FRIED CHICKEN BREAST, LOUIE SAUCE, ROMAINE, HOUSE-MADE  
SESAME BUN, FRENCH FRIES

MARKET QUINOA BOWL.....V, DF, GF | \$17  
BABY CARROTS, CHERRY TOMATO, CORN, CUCUMBER, ROMAINE, PICKLED RED  
ONIONS, HERB DRESSING

## FROM THE BAKERY

BAKERY BASKET .....\$14  
VARIETY OF 3 IN-HOUSE BAKED SWEETS

## BREAKFAST LIBATIONS

BOTTOMLESS BLOODY MARYS  
\$32

BOTTOMLESS MIMOSAS  
\$32

Bottomless alcohol service is offered for a maximum of 2.5 hours, not to exceed more than 5 alcoholic beverages per guest. Bottomless alcohol service is in compliance with all TN Alcohol Beverage Commission Rules & Laws. It is illegal in the state of TN to consume bottomless alcohol without the individual purchase & consumption of food. We reserve the right to refuse service to any guest.