

# LUNCH

## SHAREABLES

SPINACH ARTICHOKE DIP.....VG | \$14  
PARMESAN, SMOKED PAPRIKA, TORTILLA CHIPS

FRIED GREEN TOMATOES.....\$16  
PORK CARNITAS, AVOCADO SOUR CREAM, PICKLED FRESNO, CILANTRO  
ROMESCO SAUCE

GRILLED CHICKEN PESTO FLATBREAD.....\$19  
RICOTTA PESTO, FRESH MOZZARELLA, SUNDRIED TOMATO, SMOKED BACON  
ARUGULA, BALSAMIC GLAZE

## SOUP & SALADS

TOMATO BISQUE.....GF, VG | \$12  
ADD GRILLED CHEESE.....\$5

CLASSIC CAESAR.....VG | \$15  
CHOPPED ROMAINE, PARMESAN, CROUTONS, CREAMY CAESAR DRESSING

HEIRLOOM BEET SALAD.....VG | \$17  
ROASTED BABY BEETS, NOBLE SPRINGS GOAT CHEESE, SPICED WALNUTS  
ARUGULA, CITRUS SUPREMES, BANYULS VINAIGRETTE

MARKET QUINOA BOWL.....GF, DF, V | \$18  
ROASTED CORN, SHAVED CARROTS, TOMATO, CUCUMBER, PICKLED RED  
ONIONS, HERB DRESSING

### ADD-ON AVAILABLE:

AVOCADO | 5    GRILLED OR CRISPY CHICKEN | 9    \*SALMON | 15

## CHEF'S WEEKLY BURGER

ASK YOUR SERVER ABOUT OUR SENSATIONAL BURGER  
SERVED WITH FRIES.....\$22

## SIDES

FRENCH FRIES.....\$10

SWEET POTATO FRIES.....\$12

CHARRED BROCCOLINI.....\$12

GARDEN SALAD.....\$10

FRUIT BOWL.....\$10

## SANDWICHES

SERVED WITH FRENCH FRIES

SUBSTITUTE SWEET POTATO FRIES | 3

BIG STOMP BURGER.....\$23  
BLACKHAWK FARMS WAGYU PATTIES, CHEESE SAUCE, SMOKED BACON  
LETTUCE, SMASHVILLE SAUCE, HOMEMADE SESAME SEED BUN

GRILLED CHICKEN & AVOCADO SANDWICH.....\$22  
GRILLED CHICKEN BREAST, SWISS CHEESE, APPLEWOOD SMOKED BACON  
AVOCADO, TOMATO, BABY ARUGULA, LEMON AIOLI, CIABATTA

HAND-CARVED TURKEY CLUB.....\$19  
TURKEY BREAST, BACON, GREEN LEAF LETTUCE, VINE-RIPE TOMATO  
HERB AIOLI, TOASTED SOURDOUGH

CRISPY FRIED CHICKEN SANDWICH.....\$21  
BUTTERMILK FRIED CHICKEN BREAST, LOUIE SAUCE, ROMAINE  
HOMEMADE SESAME SEED BUN    AVAILABLE IN NASHVILLE HOT

## MUSIC CITY BENTO

A NOD TO THE CLASSIC MEAT & THREE

### SELECT ONE PROTEIN

CAROLINA GOLD BBQ PULLED PORK.....DF,GF | \$19

JACKALOPE THUNDER-ALE BRAISED SHORT RIB.....DF | \$25

\*HOT-HONEY BROILED SALMON.....DF,GF | \$23

BOURBON-BARREL KENTUCKY YAKI CHICKEN KATSU.....DF | \$20

### SELECT TWO FIXIN'S

SORGHUM-GLAZED BABY CARROTS.....VG, GF

CUCUMBER-TOMATO SALAD WITH BASIL VINAIGRETTE.....V,DF,GF

WARM FARRO AND CHARRED BROCCOLINI SALAD.....VG

ROASTED GARLIC WHIPPED POTATO.....VG,GF

GRILLED SEASONAL VEGETABLES, ROMESCO.....DF,V

### SELECT ONE BREAD

CHEDDAR CORNBREAD MUFFIN | HOUSE CRAFTED PARKER ROLLS

SERVED WITH WHIPPED BUTTER &  
LOCAL MIXED BERRY "HONEY CHILD" JELLY

## NON-ALCOHOLIC BEVERAGES

FIJI WATER (500ML) | 8 FIJI WATER (1 LTR) | 10 PELLEGRINO (500ML) | 8

ASSORTED JUICES | 9 ORANGE, APPLE, CRANBERRY, TOMATO, PINEAPPLE

SPECIALTY JUICES | 11 FRESHLY SQUEEZED GRAPEFRUIT JUICE, IMMUNITY, ENERGIZED, MIGHTY GREEN

ASSORTED SOFT BEVERAGES | 6 PEPSI, DIET PEPSI, STARRY, MOUNTAIN DEW, DR. PEPPER

ILLY BREWED COFFEE | 6 TEA | 8 BREAKFAST, EARL GREY, JASMINE GREEN, PEPPERMINT, FOUR RED FRUITS BLEND, CHAMOMILE

9 PEACH ICED TEA | 9 RASPBERRY ICED TEA