

LUNCH

SHAREABLES

SPINACH ARTICHOKE DIP.....VG | \$14
PARMESAN, SMOKED PAPRIKA, TORTILLA CHIPS

FRIED GREEN TOMATOES.....\$16
PORK CARNITAS, AVOCADO SOUR CREAM, PICKLED FRESNO, CILANTRO
ROMESCO SAUCE

GRILLED CHICKEN PESTO FLATBREAD.....\$18
RICOTTA PESTO, FRESH MOZZARELLA, SUNDRIED TOMATO, SMOKED BACON
ARUGULA, BALSAMIC GLAZE

SOUP & SALADS

TOMATO BISQUE.....GF, VG | \$11
ADD GRILLED CHEESE.....\$5

CLASSIC CAESAR.....VG | \$15
CHOPPED ROMAINE, PARMESAN, CROUTONS, CREAMY CAESAR DRESSING

HEIRLOOM BEET SALAD.....VG | \$17
ROASTED BABY BEETS, NOBLE SPRINGS GOAT CHEESE, SPICED WALNUTS
ARUGULA, CITRUS SUPREMES, BANYULS VINAIGRETTE

MARKET QUINOA BOWL.....GF, DF, V | \$17
ROASTED CORN, SHAVED CARROTS, TOMATO, CUCUMBER, PICKLED RED
ONIONS, HERB DRESSING

ADD-ON AVAILABLE:

AVOCADO | 5 GRILLED OR CRISPY CHICKEN | 9 *SALMON | 15

CHEF'S WEEKLY BURGER

ASK YOUR SERVER ABOUT OUR SENSATIONAL BURGER
SERVED WITH FRIES.....\$21

SIDES

FRENCH FRIES.....\$10

SWEET POTATO FRIES.....\$12

CHARRED BROCCOLINI.....\$12

GARDEN SALAD.....\$10

FRUIT BOWL.....\$10

SANDWICHES

SERVED WITH FRENCH FRIES

SUBSTITUTE SWEET POTATO FRIES | 3

BIG STOMP BURGER.....\$22
BLACKHAWK FARMS WAGYU PATTIES, CHEESE SAUCE, SMOKED BACON
LETTUCE, SMASHVILLE SAUCE, HOMEMADE SESAME SEED BUN

GRILLED CHICKEN & AVOCADO SANDWICH.....\$21
GRILLED CHICKEN BREAST, SWISS CHEESE, APPLEWOOD SMOKED BACON
AVOCADO, TOMATO, BABY ARUGULA, LEMON AIOLI, CIABATTA

HAND-CARVED TURKEY CLUB.....\$19
TURKEY BREAST, BACON, GREEN LEAF LETTUCE, VINE-RIPE TOMATO
HERB AIOLI, TOASTED SOURDOUGH

CRISPY FRIED CHICKEN SANDWICH.....\$20
BUTTERMILK FRIED CHICKEN BREAST, LOUIE SAUCE, ROMAINE
HOMEMADE SESAME SEED BUN AVAILABLE IN NASHVILLE HOT

MUSIC CITY BENTO

A NOD TO THE CLASSIC MEAT & THREE

SELECT ONE PROTEIN

CAROLINA GOLD BBQ PULLED PORK.....DF,GF | \$19

JACKALOPE THUNDER-ALE BRAISED SHORT RIB.....DF | \$24

*HOT-HONEY BROILED SALMON.....DF,GF | \$23

BOURBON-BARREL KENTUCKY YAKI CHICKEN KATSU.....DF | \$20

SELECT TWO FIXIN'S

SORGHUM-GLAZED BABY CARROTS.....VG, GF

CUCUMBER-TOMATO SALAD WITH BASIL VINAIGRETTE.....V,DF,GF

WARM FARRO AND CHARRED BROCCOLINI SALAD.....VG

ROASTED GARLIC WHIPPED POTATO.....VG,GF

GRILLED SEASONAL VEGETABLES, ROMESCO.....DF,V

SELECT ONE BREAD

CHEDDAR CORNBREAD MUFFIN | HOUSE CRAFTED PARKER ROLLS

SERVED WITH WHIPPED BUTTER &
LOCAL MIXED BERRY "HONEY CHILD" JELLY

NON-ALCOHOLIC BEVERAGES

FIJI WATER (500ML) | 8 FIJI WATER (1 LTR) | 10 PELLEGRINO (500ML) | 8

ASSORTED JUICES | 8 ORANGE, APPLE, CRANBERRY, TOMATO, PINEAPPLE

SPECIALTY JUICES | 11 FRESHLY SQUEEZED GRAPEFRUIT JUICE, IMMUNITY, ENERGIZED, MIGHTY GREEN

ASSORTED SOFT BEVERAGES | 6 PEPSI, DIET PEPSI, STARRY, MOUNTAIN DEW, DR. PEPPER

ILLY BREWED COFFEE | 6 TEA | 8 BREAKFAST, EARL GREY, JASMINE GREEN, PEPPERMINT, FOUR RED FRUITS BLEND, CHAMOMILE

9 PEACH ICED TEA | 9 RASPBERRY ICED TEA